



SMITH PHYSICAL THERAPY & WELLNESS

Patient Name: _____ DOB: _____

Diagnosis: _____

Visits per week: 1x 2x 3x 4x 5x

Number of weeks: 1 2 3 4 Other: _____

Precautions: _____

Evaluate & Treat Per Therapist Discretion

Rehabilitation Programs

- Ankle Rehabilitation
- Back Rehabilitation
- Elbow Rehabilitation
- Hip Rehabilitation
- Knee Rehabilitation
- Neck Rehabilitation
- Shoulder Rehabilitation
- Wrist & Hand Rehabilitation

Special Programs

- Balance & Gait Training
- General Strengthening
- Neurological Conditions
- Pelvic Floor Dysfunction
- Postural/Stabilization
- Pregnancy (Pre/Post Natal Care)
- Vestibular Rehabilitation

Modalities

- Dry Needling
- Electrical Stimulation
- Hot/Cold Packs
- Paraffin Bath
- Traction (Lumbar & Cervical)
- Ultrasound
- Vasopneumatic Device

Manual Therapy

- Myofascial Release
- Soft Tissue Mobilization
- Joint Mobilization

Other

- Kinesio/McConnell Taping
- Home Program
- _____

The below physician certifies that the prescribed rehabilitation is medically necessary for this patient's plan of care.

Referring Physician: _____ Date: _____